



# KONALOHA

*A Publication of Soroptimist International of Kona*

**January-February 2000**

Editor Mary L. Huebner  
President Julie Kamanawa-Kala

## ***Women's Opportunity Awards Winner Geraldine LaJoie***

Geraldine LaJoie is a student at Hawaii Community College working towards her Associate of Arts Degree in human services. She plans to continue at Hilo majoring in Sociology with a minor in Psychology. Her goal is a Masters in counseling. She is the mother of three children. Geraldine will receive a check for \$1000 from Soroptimist International of Kona and her application has been forwarded for

## ***Youth Citizenship Award Won by Marcie Otaguro***

Konawaena Senior, Marcie Otaguro is the 2000 recipient of Soroptimist International of Kona's Youth Citizenship Award. Marcie will receive a check for \$1000 at the March 6 Awards luncheon. She plans to attend either the University of Oregon or Chapman University to major in Broadcast journalism. Marcie's involvement in her school and her community will be highlighted at the Awards luncheon. Her application has been forwarded for

## ***President's Message***

We're honored and pleased to have Governor Linda McDoniels make an official visit to our club on March 6 and to present checks to our Women's Opportunity and Youth Citizenship Award winners. It has been my pleasure to serve on the Founder Region WOA and YCA committee for the past four years. Serving on a Region Committee is fun and you learn a lot....so if you are interested in expanding your Soroptimist horizons, let Governor-elect Carol Rose know of your interest. She'll be putting her committees together right after the May Conference so they can begin their work in July. Speaking of Conference, we will need to know how many members are planning to attend and then we'll need to raise money to help our delegates with expenses. As of now there are six members who are seriously considering attending....If you plan to attend this conference, Treasurer Colleen will have to know your intentions by April 10 so that she can make hotel reservations. Our Huggo's Rib Sale of March 18 is a delegate fund raiser...so plan to sell your six ticket minimum, or more. Remember that our Club is hosting the Founder Region Conference in May of 2002 and we will all be playing an active role in making that conference a success....so if you haven't attended a Conference before, plan to attend one this year or in 2001. Our Club will also have some role in the 2000 Federation Convention in Honolulu at the Hilton Hawaiian Village from June 30-July 4. Please block those dates on your calendar and plan to be in Honolulu. Having a

## ***Linda McDoniels, Founder Region Soroptimist Governor,***

is visiting the Hawaiian Islands and all of the Island Clubs during the first week in March. Governor Linda will be in Honolulu for the Founder Region Fellowship Interviews and is taking extra time to visit each club. Governor Linda will be the featured speaker at Soroptimist Intl of

## ***Calendar of Events***

February 22 - Program Meeting Quinns  
March 28 - Business Meeting Quinns

March 6 - WOA/YCA Awards Luncheon  
May 5-6-7 Founder Region Conference San Ramon

***Soroptimist Money at Work***

The Soroptimist International of the Americas Annual Report is out for the June 98 to June 99 period. The report shows graphically where Soroptimist dollars go. Soroptimist Foundation granted the following:

- \* ***Domestic Violence Prevention Initiative***  
\$24,650
- \* ***Making a Difference for Women Grants***  
\$217,000
- \* ***Women's Opportunity Awards***  
\$350,000
- \* ***Youth Citizenship Awards***  
\$74,500

The above figures don't reflect money given by individual clubs, districts or regions to these programs. Founder Region clubs granted over \$90,000 in Women's Opportunity and Youth Citizenship Awards. Keep up the good work- we are ***Making a Difference!***

**Rib Sale.... March 18**

Tickets are now available for Huggo's Ribs to raise money for our Delegate Fund. \$10 per plate buys dinner for family and friends. Ribs are to be picked up at the Alii Gardens area between 10am and 1pm. Rib Tickets are available from Sue Gillam. We each have a minimum of 6 tickets to sell. But selling more would be even better! Mahalo!

**HOW TO SURVIVE A HEART ATTACK WHEN YOU ARE ALONE.....**

Without help the person whose heart stops beating properly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is felt to be beating normally again. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a phone and, between breaths, call for help. *From Health Cares, Rochester General Hospital via Chapter 240's newsletter.*

***Editor's Note:*** While this information may help you or someone you know, the American Medical Association recommends taking aspirin immediately and summoning medical assistance if you have symptoms of a heart attack.

***Never mistake knowledge for wisdom....one helps you make a living; the other helps you make a life!***

*Sandra Carey*

**March  
is  
Women's  
History  
Month**

Liza DiNatalie

***Wear your Soroptimist Pin with Pride!!!!***

***Happy St. Patrick's Day***



***SOLT Shaker....Recruitment***

Soroptimists used to have a "Recruitment and Retention" committee....because traditionally we have had difficulty recruiting new members and retaining the older members. The Kona Club has enjoyed several years of good recruitment efforts that have paid off in an active and stable club with ongoing exceptional leadership. We are to be reminded, though, that we have also lost some of our good members to other organizations or interests. It is the job of each Soroptimist to encourage new membership and to support the members we have. ***Bring a business associate or friend to a meeting - offer them the "Gift of Soroptimism".***

Colleen Wright

Founder Region Treasurer, Lynn Forrest Knight, plans to spend a month in April-May or June in Kona getting acquainted with the area.....Ask President Julie what those trips to Hilo are all about.....Treasurer Colleen and her husband are planning an upcoming cruise, once tax season is over. Speaking of cruises, Suzanne and Randy are thinking about a fall cruise through the Panama Canal. Mary Huebner just had knee surgery to repair some torn cartilage. Orlee Miller has moved to a new office. She's in the same complex as Suzanne. So now we have Lana, Orlee and Sue who can all walk to our Soroptimist meetings at Quinns. President Julie attended the last President's Round Table for this biennium in February. Suzanne and Randy just completed the remodeling of their home, and opened it to the Club for a reception for Governor Linda. Jeani Withington has offered to give SI of Kona a portion of the profits from her seasonal sale of "Weekenders". The clothes can be seen and tried on at Mary's Ohana apartment. So far Diane and Sue have both found some good buys. The new line is now out and available for your review!

**KONALOHA  
ADVERTISING RATES**

**Annual business card - \$25  
Soroptimist rate**  
**Annual business card - \$50  
non soroptimist rate**  
**Business card 1 issue - \$5  
Soroptimist Rate**  
**Call the Editor for rates on  
larger ads.**  
Send Ad copy to Editor. Payment  
to Treasurer Colleen

**Thank you Diane Allen for our Fabulous: [sikona.org](http://sikona.org)**

**SMILE - IF  
YOUR IRISH**



*Member Profiles . . . . . Colleen Wright by Lana Faira*

Colleen Wright, esteemed SIK Treasurer for the past two years, and currently busy as the nominating committee chair, is the KONALOHA featured member of the month this issue. Colleen, aka "Queen", aka "Evil Treasurer", joined Soroptimist International of Kona in October 97 shortly after seeing a meeting announcement in WEST HAWAII TODAY. She hit the ground running. Within her first year she was tackling the tough, technical and time-consuming treasurer's job with full force and enthusiasm. Her background as owner of Colleen Wright's Bookkeeping Service, Inc., prepared her to take on this important position in the club. She credits her hard work for all her successes. While accepted and waiting to get to John Hopkins premed program, she got a job doing accounts payable and met her husband Bill. She did not make it to medical school. Instead, learned her business on the job and took college courses to supplement her skills. She established her business in 1980 and incorporated this year. Business Future: She is looking toward "retirement". She says, "I have met my goals - to be successful and to live here. I consider myself a lucky person. If I work hard and do a good job, I have always succeeded. That's why I'm so lucky." Colleen and her husband, Bill, will celebrate 30 years of marriage on May 27. Preston, an orange male tabby cat, completes her family...."No Children..Thank You". Her parents are from Belfast, Northern Ireland and she is a first generation American. She was born with displacia of the left hip..meaning no hip socket. Her leg was not connected to her body. She had three surgeries during her childhood and says she got her sense of humor from being called "Chester" (Gunsmoke), "Gimpy", and "Peg Leg" (always in a cast or on crutches). "Laugh or Die, as they say", she says in a philosophical way. The best of being a Soroptimist: the people she has met and good friends she has made. What would she like to see this club do? She would like to see a bunch of new members & "I would like to have a project that only Soroptimist is involved with and that would bring us name recognition in the community....so when you say you are a Soroptimist, people don't say, 'what'?!"

**Colleen Wright is chair of the Nominating Committee....and now is the time to come forward and volunteer yourself (or your friends) for officers and directors of the Kona Club for 2000-2001. If you haven't served on the Board....now is**

**Friends are God's Way of Taking Care of Us.**

Subscriptions to the International Soroptimist are at \$4 per year from: 87 Glisson Road Cambridge, CB1, 2HG, England

***If you jog backwards, will you gain weight??***

**Deadline - next issue- April 5**  
 send information or articles to Editor  
 Mary FAX- 329-9388, or email to:  
 mlhuebne@hialoha.net



**Happy  
 Birthday**

**January - February  
 Birthdays**

Diane Allen - February 9  
 Stephanie Amick - February 11  
 Ophie Schamber - February 16

Flowers for Mama

**Founder Region Conference - May 5, 6, and 7  
 San Ramon Marriott**

The 2000 Founder Region Conference will be held again this year at the San Ramon Marriott. The three day event will include the presentation of Fellowship Grants to final year Doctoral students; an awards program for District and Region Women's Opportunity and Youth Citizenship winners; a Foundations drawing for tote bags or baskets provided by each club and valued at \$150 each; workshops; a business session; and because this is an election year, an election which will provide the officers and directors of the Region for the 2000-2002 biennium. Additionally, three Fellowship Directors will be elected at this conference, including a Fellowship Director from our District six. An installation banquet and party highlights the Saturday evening at this Conference. Group air on Hawaiian Airlines is available, if guaranteed by March 10. Rooms at the San Ramon Marriott will be at the special conference rate of \$69.00 per night. Registration and meal package will cost \$178.00 per person for the entire event. Soroptimist International of Kona has two members running for office - Julie Kamanawa-Kala is a candidate for Founder Region Director of District VI, and Suzanne Gillam is a candidate for Founder



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***Rib Sale Tickets - \$10 - Support your Conference Delegates***

## Test your Women's History Knowledge

Circle the correct answer. Quiz answers on page 5

1. **She counseled her husband, John, to "remember the ladies" as he and other men set about to write the Declaration of Independence.**
  - a. *Martha Washington*
  - b. *Abigail Adams*
  - c. *Gloria Steinhem*
  - d. *Eleanor Roosevelt*
  
2. **She joined the Revolutionary Army in disguise and fought for independence alongside the men.**
  - a. *Clara Barton*
  - b. *Jacqueline Cochran*
  - c. *Anne Morrow Lindbergh*
  - d. *Deborah Sampson*
  
3. **She was the sole woman member of the Lewis and Clark expedition, a guide and translator with knowledge of edible and medicinal plants.**
  - a. *Sacagawea*
  - b. *Pocahontas*
  - c. *Carrie Nation*
  - d. *Sanapia*
  
4. **She founded Mt. Holyoke female seminary, the first women's college in 1841.**
  - a. *Mary Shelley*
  - b. *Mary Wollstonecraft*
  - c. *Mary Lyon*
  - d. *Mary Todd Lincoln*
  
5. **A former teacher and a brilliant social innovator, she saw the need to change the way Americans were viewed in retirement. In 1947 she founded the National Retired Teacher's Association and in 1958 the American Association of Retired Persons. She was a persuasive spokesperson on attitudes toward aging and the rights of older Americans.**
  - a. *Elizabeth Cady Stanton*
  - b. *Lucretia Coffin Mott*
  - c. *Margaret Sanger*
  - d. *Dr. Ethel Percy Andrus*
  
6. **She was called the "moses of her people". After escaping a brutal master, she fled to the north returning to slave territory 19 times to bring more than 300 slaves to freedom.**
  - a. *Harriet Tubman*
  - b. *Althea Gibson*
  - c. *Shirley Chisholm*
  - d. *Toni Morrison*
  
7. **In 1933, President Franklin Delano Roosevelt appointed her Secretary of Labor, the first woman to attain cabinet rank. She worked tirelessly for passage of the Social Security Act, one of the most important pieces of legislation in our nation's history.**
  - a. *Frances Perkins*
  - b. *Margaret Chase Smith*
  - c. *Delores Huerta*
  - d. *Jane Addams*
  
8. **She is the first woman appointed to the Supreme Court of the United States of America.**
  - a. *Ruth Bader Ginsburg*
  - b. *Helen Gurley Brown*
  - c. *Sandra Day O'Connor*
  - d. *Betty Frieden*
  
9. **President of the first Soroptimist Club, founded in 1921 in Alameda County California.**
  - a. *Violet Richardson Ward*
  - b. *Eloise B. Cushing*
  - c. *Julie Bess Combs*
  - d. *Del Nickerson*





